



**2025 Medical Expense Worksheet**

<b>Name:</b>		<b>SIN #</b>	
<b>Name:</b>		<b>SIN #</b>	

**Medical Receipts (please attach)** \$

**Prescriptions** \_\_\_\_\_

**Dental** \_\_\_\_\_

**Private Health Care Premiums (ex Blue Cross)** \_\_\_\_\_

**Chiropractor** \_\_\_\_\_

**Optical** \_\_\_\_\_

**Other -** \_\_\_\_\_

**Other -** \_\_\_\_\_

**Other -** \_\_\_\_\_

**Medical Travel - (Worksheet Attached)**

<b>Meals</b>		<b># of meals @ \$23/meal</b>	-
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<b>Travel</b>		<b># of KM @ \$0.72/ KM</b>	
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**Accomodations** \_\_\_\_\_

**Total Travel** -

**Total Medical Receipts and Travel** -

## 2025 Medical Travel Worksheet

Patients	Date of Trip	Destination	# of Meals	Round Trip Mileage	Reason for trip
<b>Total Travel transfer to medical expense summary</b>			-	-	

**You must travel at least 40 kilometers away (round trip 80) to claim the trip as a medical expense.  
 As well, you must travel at least 80 kilometers away (round trip 160 kilometers) to claim a meal as a medical expense.**

Note: the number of meals claimed should reflect the meals eaten while traveling and during the time of the medical procedure. For example, an orthodontic trip from Debolt to Grande Prairie would be a one day trip. Therefore, you would claim one meal for the patient and their guardian or driver. For a medical trip to Edmonton from Grande Prairie, you may spend more time in Edmonton than the actual medical procedure takes to do shopping or visiting. You would then only claim meals for the one day it takes to drive to Edmonton, the day of the procedure, and the day to drive home at 3 meals per day for each patient and accompanying adult (if required). A letter from your medical practitioner will be required stating another person was required to attend the appointment with you.